

MAORIRTH 201 : Introduction to Māori Health

Medical and Health Sciences

Course Contacts

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Course Overview

MAORIRTH 201 analyses historical and contemporary factors that shape Māori health outcomes and inequities. This course introduces concepts and values in Māori society and culture to provide a context for improving Māori health outcomes. A focus is Te Tiriti o Waitangi, exploring links between breaches of Te Tiriti and Māori health inequities, as well as the fundamental role of Te Tiriti in achieving Māori health equity. This course also explores the basic causes of Māori health outcomes and evaluates different contemporary approaches to improving Māori health. MAORIRTH 201 highlights ways to develop cultural safety and advocate for Māori health as future BHSci graduates.

Learning Outcomes

By the end of this course, students will be able to:

1. Recognise key values and concepts in Māori culture and society. (Capability 1.1, 6.1 and 6.4)
2. Explain the impact of colonisation, the Treaty of Waitangi, and Te Tiriti o Waitangi on Māori health outcomes. (Capability 1.2, 3.1 and 4.3)
3. Discuss the basic determinants of health that shape Māori health outcomes. (Capability 2.1, 3.1 and 3.2)
4. Identify approaches and frameworks for improving Māori health. (Capability 1.2, 1.3 and 3.2)
5. Reflect on the importance of positionality and cultural safety as a future BHSci graduate. (Capability 1.1, 4.1 and 4.3)
6. Describe ways to support "advocacy in action" for Māori health. (Capability 1.3, 8.1 and 8.3)

Assessments

Assessment Type	Percentage	Classification
Essay 1: Māori culture and contexts in health	20%	Individual Coursework
Essay 2: Te Tiriti o Waitangi	20%	Individual Coursework
Quizzes	20%	Individual Coursework
Final Exam	40%	Individual Examination
4 types	100%	

Discuss the impact of the Treaty of Waitangi on Māori health outcomes



ChatGPT can make mistakes. Consider checking important information.



The Treaty of Waitangi is a significant historical document in New Zealand, signed in 1840 between representatives of the British Crown and Māori chiefs. It established a foundation for the relationship between the British government and Māori, recognizing Māori as the original inhabitants of the land and granting them certain rights and protections. The impact of the Treaty of Waitangi on Māori health outcomes has been complex and multifaceted, with both positive and negative effects.

Positive Impacts:

1. **Recognition of Māori Sovereignty and Rights:** The Treaty of Waitangi recognized Māori as tangata whenua (people of the land) and guaranteed Māori the same rights as British citizens. This recognition laid the groundwork for Māori to have a say in matters that affected their well-being, including health.
2. **Access to Healthcare:** The Treaty affirmed Māori rights to their lands, resources, and cultural practices. This helped facilitate access to traditional Māori healing practices and resources, which were integral to Māori health and well-being.
3. **Cultural Sensitivity:** The Treaty's principles of partnership, protection, and participation have led to efforts to integrate Māori cultural values and practices into the healthcare system. This has improved the overall cultural competence of healthcare providers and contributed to more patient-centered care for Māori.

Negative Impacts:

1. **Land Loss and Displacement:** One of the key negative impacts of the Treaty's implementation was the loss of Māori lands and resources due to colonization and subsequent government policies. This dispossession and displacement led to economic deprivation and a breakdown of traditional Māori social structures, contributing to poorer health outcomes.
2. **Health Disparities:** The historical injustices and socio-economic disparities resulting from colonization have had a profound impact on Māori health. Māori have experienced higher rates of diseases such as diabetes, cardiovascular diseases, and respiratory illnesses, as well as lower life expectancies compared to non-Māori populations.
3. **Cultural Inequities:** Despite efforts to integrate Māori cultural values into healthcare, there have been instances of cultural insensitivity and discrimination within the healthcare system. This can lead to Māori individuals feeling marginalized and less likely to seek healthcare services when needed.
4. **Limited Access to Traditional Healing:** While the Treaty recognized Māori rights to their resources, the disruption caused by colonization and urbanization has often limited access to traditional healing practices and resources. This has had an impact on holistic health practices that were traditionally essential to Māori well-being.

In conclusion, the Treaty of Waitangi has had a complex and multifaceted impact on Māori health outcomes. While it recognized Māori rights and provided opportunities for cultural integration in healthcare, historical injustices and ongoing disparities have contributed to health inequities for Māori. Efforts to improve Māori health outcomes involve addressing historical injustices, providing culturally sensitive care, and empowering Māori communities to take control of their health and well-being.

Instructions

Read the essay generated by Chat GPT.

Write an essay that includes the following parts

1. Identify three points you agree with and explain why they are valid (correct) arguments (specific to Te Tiriti, the Treaty, and / or colonisation). Support your points with references (33 points)
2. Identify three points you disagree with and explain why they are flawed (incorrect) arguments (specific to Te Tiriti, the Treaty, and / or colonisation). Support your points with references (33 points)
3. Reflect on your learnings of Te Tiriti o Waitangi in MAORIRTH 201 and explain what you will apply as a Health Sciences graduate in your future practice (24 points)

Grammar and references (10 points)

Aims of this assessment

- **Authentic assessment**
 - Develop critical thinking skills: critique an AI-generated essay based on learnings from this course
 - Develop meta-cognitive skills: reflect on how learnings apply to life beyond this course
 - Develop writing skills: essay style with APA-7 referencing
- **Student choice**
 - There are a wide range of discussion points to explore which promotes student-centred assessment
- **Innovations in GenAI**
 - This assessment provides an opportunity to analyse an AI-generated essay, which recognises innovations GenAI, but also highlights to students the need for a critical approach to GenAI interpretation.
- **Developing academic integrity through assessment**
 - Analysis of this essay further upholds the importance of upholding academic integrity: own words and appropriate referencing.

Student feedback

It was enjoyable to complete and quite different, it was nice to be arguing a point based on incorrect (or correct) points from Chat GPT. I think it helped having something we are all hearing about used as a tool to illustrate how it can be inaccurate.

It was interesting. I haven't done something like that before so it was good in that way. There were many helpful resources provided to assist with developing this assignment.